



Inspired!

A QUARTERLY PUBLICATION OF HOLY TRINITY CATHOLIC CHURCH • DAYTON, OHIO

Looking FORWARD TO OUR PAST

In August 2011 our Holy Trinity family will celebrate 150 years of worship, fellowship and service. We've come along way since German immigrants decided Holy Trinity was essential to the Dayton community, just as it remains today. Over the next two years, we will rejoice in our community's past, present and future. Our parish celebration begins on Trinity Sunday this year with the commemoration of the founding in May 1859.

The 150th-Anniversary

Celebration Committee has been brainstorming for several months. Many interesting ideas—mostly involved with worship, outreach to the community and social activities—have surfaced. But we know there is so much more potential. Please share your ideas with this committee.

In particular, we would appreciate hearing from longtime parishioners, some who have been Trinitarians since birth or who attended Holy Trinity School. We are sure you have

great stories to share and can help us develop a personal history of the parish. More specific requests will be forthcoming.

Any parishioner interested in devoting some time over the next two years to planning this celebration is encouraged to participate. The 150th-Anniversary Celebration Committee welcomes your input.

We're pleased to announce that Kathy Gilmore has agreed to be the general chair, ably assisted by her husband, Russ. Contact Kathy at 667-3822.

How ABOUT AN ANNIVERSARY QUILT?

Have you noticed the blank wall in the sanctuary by St. Joseph's altar? We are considering making a 150th-anniversary quilt to mount on this wall. Making a community quilt is a big project and needs some forethought.

We have ideas to help anyone and everyone make a beautiful quilt square. We can schedule a

workshop to demonstrate the multitude of mediums that can be used. A parishioner is willing to assemble the quilt. We can arrange for the quilting and the final assembly.

But before we make some preliminary decisions and even before we decide to proceed, we need to know if you're interested in making a square.

The amount of interest will determine the size of the squares, the finished size of the quilt and even whether this is a project worth doing.

Please indicate your interest in making a quilt square by contacting Judi at 228-1223 or ht_busmgr@sbcglobal.net.

animated with the spirit to do something as if by divine influence

FROM THE PASTOR'S PEN

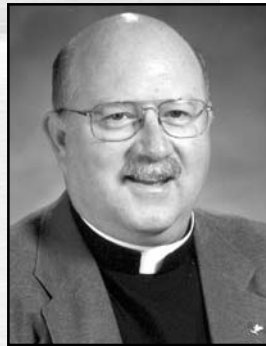
Dear Trinitarians,

Have you been keeping your New Year's resolutions? If not, it's not too late. There are still ten months left in the year. Giving up is the easy way out. There's always time to get back on track.

Ash Wednesday, February 25 this year, begins the great season of Lent. Remember that on all the Fridays of Lent, we abstain from meat. On Ash Wednesday and Good Friday, we fast and abstain from meat. This is one of the real challenges of the season as we prepare for Easter. Live Lent and prepare for the Paschal Mystery of the Risen Lord.

As we live this time from New Year's Day through Lent to Easter joy, may each of you be filled with grace and hope of the Risen Lord Jesus. Happy Easter!

Love and prayers,



Fr. Rick

Thank you

The Newsletter staff thanks those who submitted articles for this issue of *Inspired*:

Larry Becker

Sharon Becker

Steve Fraley

Fr. Rick Friebe

Russ Gilmore

Judi Trick

Mary Wlodarski

Debbie Wolf

THERE'S ALWAYS SOMETHING

The Building Commission is looking for scrapers and painters. Our early 2009 project is scraping and repainting the church vestibule and a storage room in the lower level of Trinity Center. If you can donate your time on a Saturday or two (8 A.M.–2 P.M.), please contact Steve Fraley at sfraley@danis.com

or 296-9357. The committee would like to get started soon.

Spring is right around the corner. Our grounds cleanup and mulching party will be held on a Saturday in late spring. Please let Steve know if you like getting down and dirty and want to participate. Read the bulletin for details.



PARISH CAPITAL CAMPAIGN PUT ON HOLD

The buildings of Holy Trinity, like buildings everywhere, require maintenance. For the last year, Holy Trinity's Capital Campaign Committee has met to consider anticipated repairs to our historic buildings and the funds needed to pay for this maintenance.

In addition to evaluating necessary repairs and building improvements to our church properties, the committee recommended establishing a long-term fund for unanticipated future capital repairs. We commissioned a feasibility study for a campaign to raise these capital dollars.

The repairs and improvements under consideration include refurbishing the stained glass windows in the church, stabilizing our steeple and bell tower, replacing the mechanism in the clock and possibly other projects.

Repairing or replacing the church roof was one of the capi-

tal expenses considered necessary within about five years. The wind storm Dayton experienced in September '08 determined the timing and extent of roof replacement. The entire church roof was replaced on an emergency basis late last year. Happily, the actual cost of the roof replacement was considerably less than anticipated and our insurance paid for about half of the cost. Not so happily, there is still about \$19,000 left to pay on this bill. Fr. Rick will initiate a special appeal for these funds.

As a parish, we will continue to prayerfully consider our capital campaign options for the remaining capital needs. There are important repairs or replacements in Holy Trinity's future. The Capital Campaign Committee's original intent was to launch a capital campaign to fund these projects soon. Because of the uncertain financial times, however, the campaign to raise the funds

needed to undertake these major projects has been postponed. Emergency needs, such as the roof replacement, will be funded with smaller focused appeals to your stewardship and generosity.

Our Capital Campaign Committee will continue to recommend essential repairs and to consider when to launch a major capital campaign. We will continue to monitor pricing options that may allow us to take advantage of reduced building material costs, competitive bidding and other potential price reductions. We will continue to plan for the future care of Holy Trinity's historic buildings.

We are grateful for the planning done by the downtown Dayton parishes of Region 7—Holy Trinity, Emmanuel and St. Joseph—for our three parishes to remain vibrant and significant in Dayton's future.

ARCHDIOCESE SPONSORS CATHOLIC MEN'S CONFERENCE

Men of the parish, are you looking for an opportunity to share prayerful community with other men? Consider attending *Answer the Call*, the annual Catholic Men's Conference sponsored by the Archdiocese of Cincinnati on Saturday, March 21.

Inspirational speakers will

talk about their faith, focusing on spiritual growth and enriching relationships in the family, marriage, parish and workplace. The program includes time for fellowship and worship through song, as well as the Sacrament of Reconciliation and Mass celebrated by more than 60 local bishops and priests.

Interested? Plan to join men from Holy Trinity and others from the archdiocese at Cincinnati Music Hall on March 21 from 8:30 A.M. to 4:00 P.M. For information, contact Larry Becker at 414-0540, 253-9858 or lbecker@daytondoorsales.com. Descriptive brochures are available in the back of church.

Face to Face with Facebook

Many youth and young adults today have forsaken e-mail and text messaging for social networks on the internet as their preferred means of electronic communication. This challenges some parish ministers to reach out to younger parishioners using these new communication tools. Facebook, one of these social networks, was established for college students and is now open to anyone who is at least 13 years old. It has 150

million users worldwide. Participants choose who can be their "friends," that is, who can access their profile pages.

When Holy Trinity's pastoral associate, Mary Cummins Wlodarski, realized that many of the parish's young people were using Facebook, she decided that this would be a good way to keep in touch with those who were away at college or those she wasn't seeing as often at parish functions. Below, two friends interview Mary Facebook-style.



Emily What does the internet offer (or make easier) that other forms of communication do not?



Mary Speed and simplicity are first of course, and also an ability to work on different time schedules (which is both blessing and curse.) 😊



Andrew After having a Facebook account, what do you think about the site? What's good/bad about it?



Mary It's great to see what our college students (our invisible parishioners) are up to, and I'm enjoying the news on our high school members also. The good is how fun it is to leave small notes and encouragements. My concern is that, like ALL stuff on the internet, privacy is important. No words or pictures that might be embarrassing should ever be posted anywhere! We need to always remember this is a PUBLIC social network.



Emily Do you feel closer to us after connecting with us on Facebook? Is it easier to know what is going on in the lives of the youth?



Andrew Do you believe that this site can be used to spread God's message? And if it can, should it be used in that manner?



Mary Anyone who has worked with the youth and young adults in our parish know what a GREAT group we are blessed with, so I don't think Facebook really makes me feel closer to folks I already admire and care about so much. I do like being more current on your lives. And yes, I do believe God's message is just as viable on the internet as it is everywhere else! Each time I see any "status" (brief personal updates) you write on your page, I say a quick prayer for you. Then I try to communicate that our Holy Trinity family values you, cares for you and wants only blessings for you. Thanks, Emily and Andrew, for offering to "interview" me!

ACTIVITIES & EVENTS

S	M	T	W	T	F	S
<ul style="list-style-type: none"> Rite of Sending and Election Preschool of Religion FIRE, 10:00 AM Bible Study, 10:15 AM 1st Communion Class <p>1</p>	<ul style="list-style-type: none"> RCIA, 6:45–8:30 PM, St. Mary Church <p>2</p>	3	<ul style="list-style-type: none"> Nominating Comm. Mtg., 5:30 PM Parish Offices <p>4</p>	<ul style="list-style-type: none"> Evensong Lenten Series, 6–7 PM, Church, <i>Introduction to the Simple Gifts of Fasting, Prayer and Almsgiving</i> <p>5</p>	<ul style="list-style-type: none"> Youth Group Retreat, 6 PM Friday through 1 PM Saturday <p>6</p>	<ul style="list-style-type: none"> Youth Group Retreat, 6 PM Friday through 1 PM Saturday <p>7</p>
<ul style="list-style-type: none"> Preschool of Religion 9 AM, Trinity Hall Finance Comm. Mtg., 10 AM Health Ministries Comm. Mtg., 10 AM <p>8</p>	<ul style="list-style-type: none"> RCIA, 6:45–8:30 PM, St. Mary Church <p>9</p>	10	<ul style="list-style-type: none"> Education Comm., Mtg., 7 PM Parish Offices <p>11</p>	<ul style="list-style-type: none"> Evensong Lenten Series, 6–7 PM, Church, <i>Fasting to Focus</i> <p>12</p>	13	14
<ul style="list-style-type: none"> Preschool of Religion, 9 AM, Trinity Hall Parish Pastoral Council, 10:00 AM, Parish Offices <p>15</p>	<ul style="list-style-type: none"> RCIA, 6:45–8:30 PM, St. Mary Church <p>16</p>	ST. PATRICK'S DAY 17	18	<ul style="list-style-type: none"> Evensong Lenten Series, 6–7 PM, Church, <i>Prayer: the Gift That Keeps Giving</i> <p>19</p>	20	21
<ul style="list-style-type: none"> Preschool of Religion, 9 AM, Trinity Hall Youth Group, 12:30 PM, Trinity Center <p>22</p>	<ul style="list-style-type: none"> RCIA, 6:45–8:30 PM, St. Mary Church <p>23</p>	24	<ul style="list-style-type: none"> Lenten Reconciliation Service, 7 PM, St. Mary Church <p>25</p>	26	27	28
<ul style="list-style-type: none"> Preschool of Religion, 9 AM, Trinity Hall Simple Supper (5:30 PM, Trinity Center) and Jubilee Singers (6:30 P.M., Church) <p>29</p>	<ul style="list-style-type: none"> RCIA, 6:45–8:30 PM, St. Mary Church <p>30</p>	31	<h1>MARCH</h1>			

S	M	T	W	T	F	S
<h1>April</h1>			<ul style="list-style-type: none"> 150th-Anniversary Celebration Comm. Mtg., 5:30 PM <p>1</p>	<ul style="list-style-type: none"> Evensong Lenten Series, 6–7 PM, Church, <i>Almsgiving</i> <p>2</p>	<ul style="list-style-type: none"> Family Fish Fry and Game Night, TBA, Trinity Hall <p>3</p>	4
<ul style="list-style-type: none"> Preschool of Religion 9 AM, Trinity Hall Finance Comm. Mtg., 10 AM <p>5</p>	<ul style="list-style-type: none"> Church cleaning, 9 AM and 6 PM RCIA, 6:45–8:30 PM, Trinity Center <p>PALM SUNDAY 6</p>	7	8	<ul style="list-style-type: none"> Mass of the Lord's Supper, 6:00 PM <p>HOLY THURSDAY 9</p>	<ul style="list-style-type: none"> <i>Tre Ore</i>, noon–3 PM <p>GOOD FRIDAY 10</p>	<ul style="list-style-type: none"> Bake Sale, 10 AM–noon Vigil practice, 10 AM Egg Hunt, noon Decorating, 12:30 PM Easter Vigil, 8:45 PM <p>HOLY SATURDAY 11</p>
<ul style="list-style-type: none"> Masses: 9:00 and 11:30 AM <p>EASTER SUNDAY 12</p>	13	14	<ul style="list-style-type: none"> Education Comm., Mtg., 7 PM Parish Offices <p>15</p>	<ul style="list-style-type: none"> Bible Study, 7 PM, Trinity Kitchen <p>16</p>	17	18
<ul style="list-style-type: none"> Preschool, 9 AM Parish Pastoral Council, 10:00 AM FIRE, 10:00 AM 1st Communion Class Youth Group, 12:30 PM <p>19</p>	<ul style="list-style-type: none"> RCIA, 6:45–8:30 PM, Trinity Center <p>20</p>	21	22	23	24	25
<ul style="list-style-type: none"> Social Action Comm. Meeting <p>26</p>	<ul style="list-style-type: none"> RCIA, 6:45–8:30 PM, Trinity Center <p>27</p>	28	29	30		

LENTEN EVENSONG SERIES: SIMPLE, YET PROFOUND

Celebrating Evensong, or Evening Prayer, is an opportunity to join with the many Catholics worldwide who pray the Liturgy of the Hours daily. It is a simple and ancient prayer of the Church in song. This year, the

focus of Holy Trinity's Lenten Evensong Series is "The Simple Gifts of Lent." The liturgy will be celebrated in church on four Thursdays during Lent. A reflection will be presented on each of these evenings as follows.

March 5 *Introduction to the Simple Gifts of Fasting, Prayer and Almsgiving*

Homilist: The Rev. Chris Worland

An introduction to this Lenten Series, an overview of what gifts fasting, prayer and almsgiving are for us, placing them within the context of Christ's life.

March 12 *Fasting to Focus*

Homilist: Sr. Donna Liette

We will reflect together on our call individually and collectively to the spiritual practice of fasting. We will look to Scripture for guidelines and models. We will gather the gift, rend our hearts and allow God to surprise us as we accept this call not only during Lent but as a frequent spiritual practice.

March 19 *Prayer: The Gift that Keeps Giving*

Homilist: Ms. Mary Cummins Wlodarski

Prayer is the ultimate "social network," the gift of communicating with God and with one another. And this is a gift that you are meant to return.

April 2 *Almsgiving*

Homilist: Ms. Nympha Clark

How is the discipline of almsgiving a gift for us as well as for others? It begins with picking your "spot" and making a difference there.

Consider joining us for an evening of spiritual enrichment from 6:00 to 7:00 P.M., Thursdays, March 5 through April 2, with the exception of March 26.

TRINITY TO WELCOME JUBILEE SINGERS

Mark your calendar for an evening of powerful music and congregational prayer that will bring home the meaning and emotion of The Way of the

Cross in a very special fashion. As part of Holy Trinity's Lenten Series, the Jubilee Singers of Dayton will lead us in a very special journey along the Way. The 75-minute devotion with sung reflections is Jubilee's signature program.

Jubilee is a vocal performance group leading prayerful worship through music. For the past ten years, Jubilee has traveled throughout the Miami Valley offering programs to enliven and expand the faith of the people of God through music, ritual, liturgy and prayer—always with involvement of the assembly.

Come and experience the Jubilee Singers as part of your Lenten preparations on Sunday, March 29, at 6:30 P.M. in Holy Trinity Church. The performance will be preceded by a simple supper at 5:30 P.M. in Trinity Hall.



LENTEN ALMSGIVING TO SUPPORT UNITED REHABILITATION SERVICES

This Lent, Holy Trinity will give alms to United Rehabilitation Services of Greater Dayton. For 50 years, URS has provided comprehensive programs and services to

meet the needs of infants, children and adults with disabilities or special needs in the Miami Valley region. Their wish list includes the items listed below.

Youth

- Bibs
- Washcloths
- Crib sheets—for small-sized cribs
- Sippy cups
- Baby spoons
- AA Batteries
- Dolls and doll clothes
- Cars and trucks
- Plastic animals—zoo, farm, jungle, dinosaurs
- Plastic pretend food
- Sand toys
- Alphabet or matching games
- Play-doh
- Flash cards
- Colored blocks of different shapes
- Craft supplies: paints, paper, glue, craft project kits, beads, collage supplies
- Puzzles
- Board games

Adults

- Towels
- Adult-sized bibs
- Shaped hole punches
- Large serving spoons
- Pre-made fabric bows
- Wallpaper or wallpaper sample books

FIRE FAMILIES IGNITE WITH THE SPIRIT

The journey to the cross “does not ask us to live in the shadow of the cross, but in the fire of its creative action.”—Teilhard de Chardin

In these days of energy awareness, conservation and efficiency, there is no shortage of spirited energy when FIRE families come together at Holy Trinity. Faith-filled families gather to study the Holy Spirit, coming to the understanding that God’s love is the driving, compelling source of all goodness.

FIRE families live the life of inspired and inspiring community together. Each gathering is action-packed, filled with evidence of caring, sharing and celebrating the joys of knowing and loving God. Participants greet one another with hugs, news and appreciation of how the Spirit works in their lives.

Family life can provide excellent preparation for spiritual growth and development, as the simple challenges of every day serve as practice in Christian discipleship. Thus, the journey through Lent becomes the journey of listening, looking out for God and one another, and finding grace in everything.



THE GIFT OF TEARS

Attendance at Holy Trinity's Ash Wednesday services is generally higher than on most Holy Days of Obligation. Why? After all, Ash Wednesday is not a day of obligation; no one is required to attend Mass that day.

What is it about this day that makes it so popular with Catholics? Perhaps some of Ash Wednesday's significance derives from the fact that we all can identify with loss, that we all can realize that what we have or even what we are is temporary. Someday we will let go—willingly or unwillingly—of so much that seems important to us now.

Perhaps we will relinquish our health, prestige or wealth. Eventually we will all lose our physical lives. Remember, we are dust . . . and to dust we shall return.

Even in our darkest hours, we learn to live with loss. Have you ever heard someone with a chronic illness describe how the disease made her grateful for the wisdom of vulnerability and openness? Or heard a business leader who had to start over in this difficult economy, but who now knows what is really important and is moving in a new direction? These heroic people know that tears can be gifts, cleansing moments when we can

regain life's proper focus.

TEAR is an acronym for a way to move through a time of loss.

Take the reality as it is.

Embrace the emotions.

Aadjust to the new normal.

Rinvest your energy in the new path.

With so many struggling with economic, physical or emotional difficulties, perhaps this Lent we can understand TEAR as one of the simple gifts that helps us grow ever closer to God and to each other. With TEAR, and sometimes in tears, we can find hope.

TAKE CHARGE OF YOUR PERSONAL HEALTH RECORDS

When is the last time you completed a personal medical history? Could you remember it all—surgeries, immunizations, tests, procedures, allergies, . . . ? What about your current medications including all the prescription drugs, the vitamins and herbs, and the over-the-counter medications?

Today it is important to spend the minutes you have with your

doctor wisely. New resources for keeping good health information records can help you make the most of your office visits.

Personal health record booklets that fit into a purse or pocket are now available so you can easily make notations on all your health data. One such booklet is *Safety Tips for Seniors Who Take Two or More Medicines*, available from Premier Community Health. Alternatively, you can

create your own record with a pocket-sized notebook.

Electronic record keeping is another option for your medical history. Create your own records by entering your current health information into a personal file on your computer. There are online sources to help organize health information.

Regardless of the process you choose for developing your personal health record, just do it!

PARISH SCOPE

CHRISTIAN FORMATION MINISTRY

Bible Study This year's study is focusing on the writings of St. Paul. In March, the Sunday session will be held on the 1st at 10:15 A.M. This session will be repeated on Thursday, April 16, at 7:00 P.M. In May, the Sunday session will meet on the 3rd and the Thursday session on the 14th.

LENTEN EVENSONG SERIES This liturgy will be held four Thursdays during Lent, March 5, 12, 19, and April 2, at 6:00 P.M. in church. *See page 6 for details.*

Jubilee Singers On Sunday, March 29, this Dayton vocal group will present the "Way of the Cross" at 6:30 P.M. in church. *See page 6 for details.*

Help WANTED

ST. PATRICK'S DAY PARKING If you can help as a parking lot attendant in our lots on Tuesday, March 17, please call Don Elkins at 254-2986.



CHURCH CLEANING FOR EASTER Help is needed to prepare the church for our Easter liturgies. We will clean the church on Monday, April 2 at 9 A.M. and 6 P.M.

FUND RAISERS

FISH AND SAUSAGE FRY Enjoy an evening of food, drink, games and prizes on Saturday, February 28, 4:00 to 11:00 P.M. in Trinity Center.

EASTER BAKE SALE Our annual sale will take place on Saturday, April 11, 10 A.M. till noon. Contact Betty McMahon (256-2911) or Martha Beemsterboer (253-8081) if you would like to help the parish by donating baked items to sell.

RUMMAGE SALE Shop Saturday, May 9, 9 A.M. to 3 P.M. Save your unwanted but usable items for the sale. *See back page for more details.*

FAMILY FISH FRY AND GAME NIGHT will be held on Friday, April 3, in Trinity Center. Watch the bulletin for more details.

SPRING PLANT SALE Pick up your presale plants on Thursday evening, May 7, on the Trinity lawn. *See back page for more details.*

SPECIAL LITURGIES

ASH WEDNESDAY LITURGIES On February 25, Masses will be held at 8 A.M. and 6:00 P.M. A Communion Service will take place at 12:10 P.M.

LENTEN RECONCILIATION SERVICE will take place Wednesday, March 25, at 7 P.M. at St. Mary Church.

Holy Thursday LITURGY The Mass of the Lord's Supper will be celebrated on April 9 at 6 P.M.

GOOD FRIDAY SERVICES will be held on April 10 from noon to 3 P.M.

12:00: *Stations of the Cross*

12:30: *Rosary*

1:00: *Tenebrae*

2:00: *Celebration of the Lord's Passion*

EASTER VIGIL This liturgy will be celebrated Saturday, April 11, at 8:45 P.M. with a reception following in Trinity Center.

FOR Kids

EASTER EGG HUNT will take place on Saturday, April 7, at noon in Trinity Hall and garden.



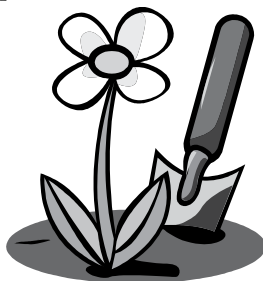


HOLY TRINITY CATHOLIC CHURCH
272 BAINBRIDGE STREET
DAYTON, OH 45402

GET YOUR GARDEN SHOVEL READY

For five years, Bern's Greenhouse has provided beautiful annuals at very reasonable prices for Holy Trinity's annual sale. Don't miss out on the opportunity to enjoy this little bit of natural beauty and benefit our parish.

- **Beginning Sunday, March 9**—Order forms will be in our Sunday bulletin.
- **By Wednesday, April 15**—Orders are due in the parish offices. No presale orders accepted after April 15.
- **Thursday, May 7 (evening)**—Presale orders will be available for pick up.
- **Saturday, May 9**—Extras available at our Annual Rummage and Flower Sale.



ONE MAN'S TRASH . . .

Do you have "stuff" that you no longer need or want? Pass all those unwanted items (except clothing, shoes and purses) along to Holy Trinity for the Annual Rummage and Flower Sale in Trinity Center on Saturday, May 9, from 9 A.M. to 3 P.M. Watch the Sunday bulletin for more details.

Remember: Reduce. Reuse. Recycle.

Holy TRINITY NEWSLETTER GUIDELINES

The Holy Trinity newsletter staff encourages all parishioners to submit articles and photos that would be of interest to the parish community.

The newsletter staff prefers not to use bylines because it views the publication as the voice of the parish. However, an author will be credited if the work has been copyrighted or previously published.

Written materials can be submitted electronically by fax, e-mail or on IBM compatible computer disks, preferably in a Microsoft application format. If submitting hard copy, please type it if possible. Include your name and phone number with all submissions.

All articles and photos are subject to editing and approval by the newsletter staff. Materials received after the published deadline will be considered for publication only if space and time permit.

Materials can be delivered to the parish offices at 272 Bainbridge Street, e-mailed to **Judi Trick** (ht_busmgr@sbcglobal.net) or **Marianne Garcher** (m_garcher@earthlink.net) or faxed to 445-0232. If you have any questions, call the parish offices at 228-1223.

DEADLINE

for the Summer issue is
Monday, April 20, 2009

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